

S2 EP2 Empowerment and growth expressed through art with Benny Bing

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My special guest today is Benny Bing. He is an incredibly talented artist here in Toronto. His work exemplifies beauty, strength and empowerment, and inspires young black girls and women all over the world to embrace themselves, their body, personal power and individual beauty. Benny is a great example of someone who was not only aware of his talents and gifts, but decided to start and do something about them. The key word there is "START", by taking the first step in faith and gratitude.

Thanks for listening 😊