

S2 EP9 Youth Empowerment- Why it's so important in the world today,  
Stephanie Venn | [@Stephanie\\_Venn](#)

My special guest today is Stephanie Venn. She is an Anesthesia Assistance at Mount Sinai Hospital in downtown Toronto. She has a strong affinity for helping people, and is very passionate about the care and empowerment of children. In this episode we talk about the challenges and societal pressures the youth go through today, especially dealing with social media. We also talk about what they can do to overcome & how we as adults can be better role models for the youth to emulate.

Thanks for listening 😊